

“Bear-y” Good  
Books & Music for  
**Babies**  
(0–11 months)



at the  
**Elmhurst Public  
Library**

## Reading to Newborns & Infants

Research shows that it is never too early to start reading to a newborn. Children 0 to 11 months of age may not understand the meaning of the words being said, but they still benefit tremendously from the reading experience. Babies love to be cuddled on your lap and held securely while listening to your voice as you read, chant or sing the words from a book.

Choose books with rhythm, rhyme and simple, clear illustrations. (Babies this age can best see objects that are 8–14 inches away.) Exposure to the rhythm, rhyme and sounds of language will help your child’s vocabulary grow and make it easier for him or her to learn to read.

According to the Public Library Association, “Research has found that parents who start sharing books with their babies early on have children with better language skills. In addition, children whose parents begin sharing books with them early in life develop a greater interest in and enjoyment of books.”

## Tips for Reading to Babies 0–11 months

- Pick a time when you and your baby are relaxed and in a good mood.
- Choose primarily board books so that he or she can touch and manipulate them without tearing or damage.
- Put a lot of expression in your voice as you read. Let him or her sense your enthusiasm.
- Choose books with uncluttered, simple, brightly colored artwork.
- Babies enjoy looking at pictures of other babies and simple, everyday objects. You can point at these objects and say their names.
- Read every day and let your child see you reading, too.
- Most of all, make it a fun, cozy time with your infant!



# Books

- White on Black* ..... J E Hob (board book)  
*One Sleepy Baby* ..... J E Lev (board book)  
*Mama Mama* ..... J E Mar (board book)  
*Papa Papa* ..... J E Mar (board book)  
*Baby Food* ..... J E Mil (board book)  
*Get Ready, Baby* ..... J E Mil (board book)  
*Maybe My Baby* ..... J E O'Bo (board book)  
*Animal Signs* ..... J E Sli (board book)  
*Word Signs* ..... J E Sli (board book)  
*At the Beach* ..... J E Sta (board book)  
*First Words* ..... J E Sta (board book)  
*Baby Dance* ..... J E Tay (board book)  
**Baby Animals:**  
*Black and White* ..... J E Til (board book)  
*Read-Aloud Rhymes for the Very Young* .... J 811.008 Rea

# Music

**Early Childhood Classics:  
Old Favorites with a New  
Twist**

by Hap Palmer  
(J CD 372.5 Pal)

**Nursery Rhyme Time:  
Songs, Rhymes and  
Movement Activities**

by Georgiana  
Stewart  
(J CD 372.5 Ste)

**Baby's Nursery Rhymes**

by Jason Miles  
(J CD 398.8 Mil) (J Cassette 398.8 Mil)

**Hap Palmer Sings Classic Nursery Rhymes**

(J CD 398.8 Pal) (J Cassette 398.8 Pal)

**Baby Dance: A Toddler's Jump on the Classics**

(J CD 783 Bab) (J Cassette 783 Bab)

**The Playtime Album**

(J CD 783 Pla)

**Smart Music: Classical Music for Babies**

(J CD 783 Pla)



# Books for Parents

- Ellison, Sheila ..... *365 Days of Baby Love*  
(J P/T 649.122 Ell)  
Lansky, Vicki ..... *Games Babies Play* (J P/T 649.122 Lan)  
Silberg, Jackie ..... *Games to Play with Babies*  
(J P/T 649.1922 Sil)  
Martin, Elaine ..... *Baby Games* (J P/T 649.5 Mar)  
Wilner, Isabel ..... *The Baby's Game Book*  
(J P/T 649.5 Wil)

P/T = Parent/Teacher Shelves



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